

## We Praise YOU אַבוֹת וְאִמּוֹת *Avot v'Emahoet*

**Music:** Arnie Lawrence    **Words:** *Amidah* and Rabbi Chaim Stern  
Adaptation based on translation from pp. 383-384 of *Avot v'Imahot u'G'vurot*  
by Chaim Stern in *Gates of Prayer: The New Union Prayerbook*;  
© 1975 by the Central Conference of American Rabbis.  
Used by permission of the Central Conference of American Rabbis. All rights reserved.

**Connections:** Fall 1985 - NFTY - Southeast Retreat  
Temple Beth El - Boca Raton, FL    Marcy Hankin-Schultz, Song Leader  
Fall 2009 Leon Sher - [www.myriamsdream.org](http://www.myriamsdream.org) (*BeGeD KeFeT*)

May be found on: *The Megiddo Project – Generations*  
Copyright © 2015 Hearts, Minds & Music, Inc. / Andrew David Susman. All rights reserved.  
[www.HeartsMindsandMusic.com](http://www.HeartsMindsandMusic.com)

בְּרוּךְ אַתָּה, יְהוָה אֱלֹהֵינוּ וְאִלֹּהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ:

*Bah-ruch ahta, Adonai Eh-lo-hei-nu, vEi-lo-hei Avoteinu v'Emo-tei-nu;*

We praise YOU, *Adonai* our God,  
God of Abraham, God of Isaac, God of Jacob  
God of all generations!  
We praise YOU, *Adonai* our God,  
God of Sarah, God of Rebekah, God of Rachel, & (God of) Leah  
God of all generations!

To uphold the falling, to heal the sick, to free the captive,  
to comfort all who suffer pain

We praise YOU, *Adonai*, \_\_\_\_\_  
SHIELD of Abraham / CREATOR of Life!  
PROTECTOR (HELP) of Sarah / CREATOR of Life!

Blessed is our God, SHIELD of our Ancestors.  
Blessed is our God, CREATOR of Life!